You will need the following supplies to create a 'Guido', a type of large floppy beret.

- 1/2 yard outside material (color of top, sugg. velour, suede cloth, upholstery fabric, or other heavy textured material.)
- 1 1/2 yard liner material. (Sugg. different 'drab' material of color complimentary to outside material)
- 1 yard of 1/8" quilting batten.
- A cardboard or solid foam circle approximately 1" thick and the same diameter as your head. (Usually about 8" across)
- 1 Spool of thread

18" of 1/8" to 1/4" elastic.

Sewing Machine

Scissors

An Iron

Fabric pencil or 'Map color' pencil (to trace pattern onto cloth)

Substitutions can be made at your discretion, but for purposes of this 'how-to', we will assume you have the above materials and are making a single hat. At the end of this document you will find some diagrams to assist you should you want to add a brim, pin, or feather to your hat or make the outer fabric parti-colored. (See Fig. 7, 8, and 9.)

1) Cut the piece out of your 'outer' fabric as shown below. The circles should be about 15" in diameter.

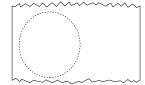


Figure 1: Outside fabric cutting diagram.

2) Cut out the pieces from your liner fabric as shown below. The circles should be about 15" in diameter.

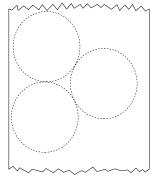
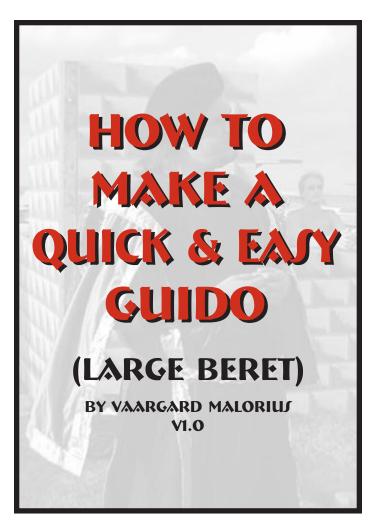


Figure 2: Liner fabric cutting diagram.



3) Cut the piece out of your quilting batten as shown below. The circles should be about 15" in diameter.

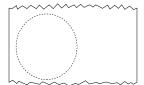
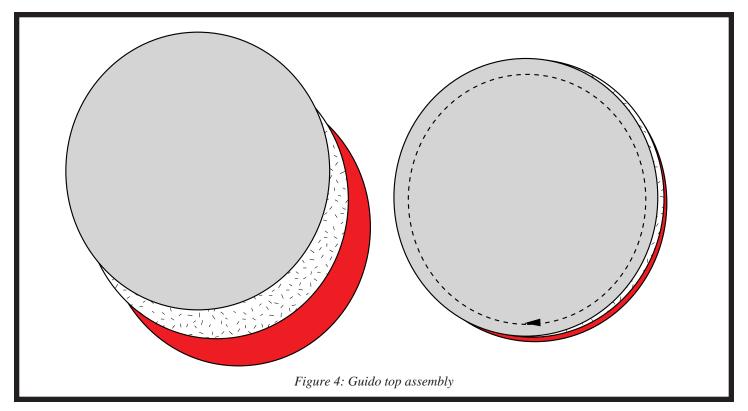


Figure 3: Quilting batten cutting diagram.

- 4) Layer the pieces that comprise the top in the following order (top to bottom)— Top fabric (right-side up), quilt batten, liner fabric. (Fig.4)
- 5) Sew the three piece together as close to the edge as possible. Don't worry about being neat or accurate, this stitching will be hidden in the final design. (Fig.4)
- 6) Set the top aside and lay the remaining 2 liner pieces together. (Fig.5)
- 7) Mark out a circle with your fabric pencil about 8" in diameter in the center of the top piece. (Fig.5)
- 8) Stitch the two liner pieces together along the line you just drew. When finished you'll have a solid disk with a circle sewn into the middle. (Fig.5)



- 9) Cut the center of the liner out INSIDE the circle you have just sewn. Cut closely (about 1/8") to the stitching to get the best results.
- 10) Turn the liner by pulling it inside-out through the opening that was left where you cut the center out.
- 11) Iron the liner flat again.



A Guido tops off the court garb of this stylish Lord.

- 12) Measure out a piece of elastic that wraps around your head comfortably, but not too tightly. Add 1" to that measurement at cut it. (Fig.5)
- 13) Overlap the ends of the elastic about 1" and sew the ends together.
- 14) Place the foam (or cardboard) plug into the hole in the center of the liner. (Fig.5)
- 15) Wrap the elastic BETWEEN the two layers of liner so the elastic hugs the plug with the sewn edge of the liner held between the two. (Fig.5)
- 16) Set the top down right-side up. Place the liner with plug inside atop the top piece from step 5. (Fig.6)
- 17) Sew the liner to the top about 1/4" from the outside edge. The stitching from step 5 should be OUTSIDE of the stitch you are doing now.
- 18) Pull out the plug by pulling it inside-out through the opening that was filled by the plug. (Fig.6)
- 19) Put on your new Guido and tug it to one side until it fits the way you like. Go out to the park and show off your new garb! If you like, you can add whatever accents you wish to personalize your Guido. There are even some suggestions at the end of this document to get you started. (See Fig. 7, 8, and 9.) Wear your Guido proudly and have fun!

